

NOVEMBER 2015

STAFF

Manager.....Karen King
 Manager@ottercreekhoa.com

Financial Assistant...Frances Nelson
 Admin@ottercreekhoa.com

Tennis Pro.....Rob Nankervis
 RG.Nakervis@sbcglobal.net

General Inquiries
 info@ottercreekhoa.com

Yoga

Saturday

9:30-10:45 am

WCOC Meeting

November 10th
 6:30 pm



BINGO

Join us on Friday, November 13th for Turkey BINGO! Come enjoy happy hour prices, snacks and a play for a chance to win a pie or turkey! This event will be held in the Otter Creek Clubhouse from 7:00 pm to 9:00 pm.

We Hope to See You There!



COME WATCH the RAZORBACKS

Come to the clubhouse and enjoy happy hour prices and watch the game on one of our Big Screen TVs!
 Check the calendar for dates and times.

NEW YEAR'S EVE



Come celebrate with the Big John Miller Band! Party from 9pm - 1am. Ages 21 & over only.

Tickets available in the office. \$15 in advance and \$20 at the door. Guest fees apply. Ticket includes 2 complimentary drinks, lots of fun party favors, happy hour prices & heavy hors d'Oeuvres throughout the night. We'll also have some amazing prizes for best dressed man, woman and couple. Come dance the New Year in with good friends and one of Little Rock's premier bands!



Members Need To Know...

BOARD OF DIRECTORS

President

Art Brown.....658-0049
abrown9663@yahoo.com

Directors

Alvin Hollis,...248-842-2180
theholliseffect@att.net

Joe Eick,413-5180
Joe.W.Eick@gmail.com

Jason Jones,786-5052
jjonesces@sbcglobal.net

Paul Kroger....455-4965
pkroger@fellowshiponline.com

Vic Winchell.....455-1815
vbwinchell@sbcglobal.net

David Yates773-6583
ddaavveerr@yahoo.com

OTTER CREEK HOMEOWNERS ASSOCIATION

14000 Otter Creek Parkway

Office Hours: Mon-Fri 9-5

Website: ottercreekhoa.com

Email: Info@ottercreekhoa.com

Phone: 501-455-2500 • Fax: 501-455-3699

BILL OF ASSURANCE & ARCHITECTURAL REQUEST

The Members of Otter Creek HOA are protected by a strict Bill of Assurance. Our BOA is a legally binding document. Any addition or change to your property must be approved by our architectural committee before work commences. If you need copies of the BOA, Architectural Request Forms or other Association documents, they may be obtained from the office or from the website. Here are some helpful reminders...

Where is your ID Card?



You must have your Otter Creek ID Card at all times when on Association property.

This includes: Tennis Courts, Pools, Clubhouse, Playgrounds, & Pavilion.

If you do not have an ID Card, or need an updated one, you may have one made during office hours:

Monday-Friday: 9 am-5 pm

1. Trailers, boats & RV's may not be stored on your property at anytime.
2. All lots should be free of trash, debris, inoperable vehicles, etc..
3. Homes, porches, privacy fences, etc... must be in good repair
4. Storage buildings, additions, fences, or aesthetic changes to your home must be requested in writing and approved by the Architectural Committee.

Vehicles may not be parked on the grass at anytime per City of LR Ordinance and are subject to a fine of up to \$1,000.00.

****Violations of the Bill of Assurance are and are subject to an initial fine of \$100 and \$10 per day thereafter.***

Mark Your Calendar **November Events**

November 7, 14, & 21

Yoga 9:30-10:45 am

November 7

Razorback vs Ole Miss @ 2:30 pm

November 17

WCOC Meeting @ 6:30 pm

November 13

Turkey Bingo 7-9 pm

November 14

Razorbacks vs LSU (time TBA)

November 21

Duck Widows Tennis Tournament
10:00 am—2:00 pm

November 24

Board Meeting @ 6:30 pm

November 26 & 27

The office will be closed
HAPPY THANKSGIVING!

December 1

10 – Year Resident Dinner 6-8 pm

HELPFUL INFORMATION

Otter Creek Elementary447-5800
Otter Creek School Secretary447-5803
Otter Creek Attendance Secretary ...447-5809
LRSD Security 24 hr. Hotline.....447-2091
Mabelvale Middle School.....447-3000
Oley Rooker Library.....907-5991
LR Garbage Collection888-2208
Curb-side Assistance570-1299
Police371-4829
Stray Animals376-3067
Street Lights Out.....378-7948

**ALL City Complaint may now be made by calling :
311**

Recycle & Trash Pick Up: Every Other Friday

Yard Waste Pick Up: Monday

GOVERNMENT OFFICIALS

Justice of Peace (7th): Teresa Coney.....247-7946
LR School Rep: Dianne Curry.....447-1000
LR City Board of Directors:
Ward 7– B.J. Wyrick..... 371-4516
State Senator: Joyce Elliot.....603-9546
State Rep: Charles Armstrong.....224-5071
U.S. Congress: Tom Cotton.....(202) 224-2353

City Complaint may be made by calling 311

Not getting monthly state- ments or notices from the OCHOA office?

Stop by the Office and update your
Homeowner information!

Fill out our ID sheet to update
email addresses, phone numbers, etc.so
you don't miss out on important updates
and events.

2015 **Dumpster Day**

December 19th

Dumpster will be located past the
pavilion in front of the maintenance shed. Gate
opens at 8am and closes when full.

No tires, chemicals or
construction debris allowed.
OC ID Required to enter.

Yard of the Month

A special thank you to

14507 Wimbledon Loop

for keeping Otter Creek Beautiful.



Yard of the Month

A special thank you to

55 Legends

for keeping Otter Creek Beautiful.



OC TENNIS



Private Tennis Lessons

Private tennis lessons are available for adults, juniors & groups.

Private lessons- \$55/ hour with Rob

\$45/ hour with Gail

Junior lessons- \$55/ hour with Rob

\$45/ hour with Gail

\$25/ 1/2 hour with Gail

Group lessons - Hourly rate divided by the number of people with minimum of \$10 per person

Junior group lessons- \$10 per lesson

Head Tennis Pro: Rob Nankervis
Phone: 590-0502

Assistant Tennis Pro: Gail Nankervis
Phone: 551-6060



Tennis Highlights



October was a busy month for tennis at Otter Creek as the combo league came to a close, our junior players finished the high school tennis season, and fall team tennis started.

The fall team tennis captains are doing a great job. They are Kim Gaither, Tammy Stewart, Myla Strohbehn, Betty Mains, Todd and Tina McKee, and Chuck and Valla Seel. I am very grateful for all they are doing to make fall team tennis a success. Although we lost one Sunday to rain, the first Sunday seemed to go very well.

Combo league had finished and several Otter Creek teams and players qualified for the state championships which will be played over the last weekend in October and the first one in November. We wish them much success.

Parkview High School's tennis team was non existent until two years ago when Otter Creek residents Josh Baltzley and Eli Jones took the initiative and started a tennis team. Not only did they recruit other players, but they also persuaded a teacher to manage the team. After an excellent school season Josh, Eli, and Tate Hansen, also an OC resident, all qualified to play in the state tournament. I am proud not only of their tennis achievements, but also of their dedication to making tennis happen at their school.

Finally, we will be holding the second annual Duck Widows ladies doubles tournament on Saturday the 21'st of November. This is a one day event and includes a lunch at the clubhouse and lots of fun surprises. If you would like to play please contact me as soon as possible.

I wish you all a very happy fall and hope your Thanksgiving is filled with blessings.

We would like to welcome Cai Carvalhaes, our new Yoga Instructor

A bit about Cai....

My greatest passion in life is to express my feelings through the movement of my body. I have been doing this since I was ten years old when I started taking modern ballet lessons in Brazil. After a few years, I was introduced to contemporary dance and yoga, and then Capoeira, a Brazilian martial arts that uses music and dance as its way of expression. During my life's journey I have had to endure several challenges that have brought me close to meditation; a coping skill that I have been using to keep me in balance. Teaching yoga and dance has been a natural development of my skills. I work with private individual and group classes, grieving and therapeutic groups, helping people find ways to reconnect with themselves. Two years ago I decided to direct my energy through graduate school in Social Work; this has been a perfect match for me. I am a Yoga Alliance certified teacher. I believe that yoga and mindfulness are excellent mediums for learning about our bodies, the space they occupy, and the acceptance of who we are in this world. This knowledge plays a great role in living healthily and happily.

Benefits that yoga can give at any age

Whether you're six or sixty – or beyond, Yoga can enhance your life, both mentally and physically. A child can benefit from Yoga's self-discipline and mental and physical dexterity. A senior citizen can benefit from the increased mobility, improved concentration and memory and much more. Practicing Yoga regularly will naturally improve every aspect of the functioning of your body and mind.

Here are some simple aspects of Yoga that will physically and mentally help all age groups: **Flexibility** – Any person can become more flexible and can also help with health problems such as arthritis and bad circulation – no matter what time in life they begin the Yoga practice.

Obesity – All age groups where there are overweight conditions can benefit from the practice of Yoga. Overeating that results from anxiety, depression and genetic maladies can be greatly helped by the meditation and poses of Yoga.

When you build a more powerful body and have a more empowered mind, you can resist urges much easier than you can when you're physically and mentally impaired.

Asthma and Allergies – People of any age group who suffer from allergies and the debilitating effects of asthma can benefit from the deep breathing and relaxation techniques of Yoga. Deep breathing opens passageways and delivers much needed oxygen to the body and mind.

Concentration and Memory – Practicing Yoga after the age of 50 can do wonders for your memory and to keep the disease of Alzheimer's at bay.

The vitality and sharpness that can be developed by practicing Yoga techniques are necessary for any age group. All of the Yoga asanas are designed to help the body physically and mentally – increasing creativity and intuition besides the obvious physical benefits.

Grow Old Gracefully

Whether you're a young beginner to the practice of Yoga or a senior citizen who needs to increase flexibility and mental acuteness, Yoga has something wonderful in store for you. As you learn and grow from your Yoga experience, you'll find a difference when you look in the mirror and when you move your body. The new flexibility you'll enjoy can be obtained by practicing stretching exercises for a few moments a day.

You'll wonder at the ease of these valuable, yet gentle exercises and will soon look forward to every Yoga session. After awhile of practicing Yoga, most people say that they have a new attitude and a new appreciation of life.

Yoga as an exercise is nearly perfect – and Yoga as a stress reliever and mind relaxer can slow down the ravages of time as we age and help every aspect of our mental concentration and well-being.

**Enter the
practice of Yo-
ga with an
open mind
and
expect to feel
better than
you ever have.**



**Cost per class
is \$10 per
member / \$15
per guest.**



**Namaste!
("I honor the
place within
you where the
entire universe
resides.")**

Women's Club Chronicle

Volume 23, Issue 4

November, 2015

Women's Club of Otter Creek, Inc.
14000 Otter Creek Parkway
Little Rock, AR 72210

Established 1977

WCOC 2015 - 2016 Officers

President – Erica Hollis
1st Vice President – Gail Earleywine
2nd Vice President – Helen Walker
Treasurer – Dana Clowers
Secretary – Vickie Beard
Historian – Becky Holte

The Women's Club of Otter Creek is an equal opportunity activity club open to residents of Otter Creek and elected associate members. Monthly meetings are held from September through May on the third Tuesday of each month at the Otter Creek clubhouse, unless otherwise announced.

Join us and bring a friend! Social time (food and refreshments) and business meetings begin at 6:30 pm. Annual membership dues are \$10.00.

Women's Club Chronicle is published monthly from August through May.



UPCOMING SOCIAL ACTIVITIES

Tuesday, November 17: WCOC Meeting, 6:30 p.m. at the clubhouse. Guest speaker: Mark Ring – Stagecoach Wine & Spirits.

Tuesday, December 15: WCOC Christmas Social, 6:30 p.m. We plan to have a Christmas ornament/decoration exchange. Details of the social will be decided during October and November meetings.

Wine Tasting

Join us Tuesday, November 17 at 6:30 p.m. in the clubhouse for social time. Food and refreshments will be provided. Our guest speaker will be Mark Ring with Stagecoach Wine & Spirits. We will sample some tasty wines and learn interesting facts about the different varieties.



In addition to wine tasting, we will be collecting canned goods to provide to a local food pantry. When you come to November's meeting, please consider bringing several canned goods or other non-perishable food items to donate. Thank you in advance!



The wine tasting is a very popular event! All women of Otter Creek are welcome. We hope to see you there!

Women's Club Chronicle

November, 2015, continued

We're on Facebook!

Join our group on Facebook! Search for **WCOC of Otter Creek Arkansas**. You must be an Otter Creek resident to join.

We're on Nextdoor!

After joining Otter Creek's Nextdoor community online, you can also join the **Women's Club of Otter Creek** group.

Fall Garage Sale

Quite a few families participated in our Fall Garage Sale in October. Many residents donated their unsold items to Goodwill and Habitat for Humanity afterwards. Thanks to all who helped organize the event and the families that participated!

The Women's Club will sponsor another garage sale in the spring. Watch this newsletter for more details.

Secret Pal Reminder

If you signed up to be a Secret Pal, remember to do something nice for your pal this month. Here are a few ideas for a small gift to give her:

- Church cookbook
- Stationery set
- Scarf
- Flowers
- An uplifting book
- Gift card to her favorite store
- A handwritten note of encouragement

Thank You!

Fall Cookout / Watch Party

We want to give a big "Thank you" to all who helped with setting up the Fall Cookout / Razorback Watch Party on October 10. We appreciate your help grilling the hot dogs and brats and getting everything ready. We also want to thank everyone in the neighborhood that came to the clubhouse and shared great food and friendship. Although the Razorbacks didn't win the game, we had a great time with fellow Otter Creek residents!



**Happy Thanksgiving from the
Women's Club of Otter Creek!**

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Coupon is for basic clean. Any area over 200 sqft is 2 rooms. We measure wall to wall. Residential only. Exp. 6/19/15.

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Advertise Sizes:

Business Card.....	\$25
1/4 page.....	\$50
1/2 page.....	\$75
Full page.....	\$100

Residents: 3 lines for \$5

Any and all ads must be submitted by the 25th of each month.

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- ✎ **Pressure Wash & Stain Decks, Fencing**
- ✎ **Pressure Wash houses, driveways**
- ✎ **Painting-Inside/Outside**
- ✎ **Minor Home Repairs**
- ✎ **Small Engine & Outboard Repairs**

E-mail: davidsoutboards@yahoo.com

Phone: 519-5137 or 847-1845 (after 5pm)

CALL FOR A FREE ESTIMATE!

Cornerstone Pharmacy-Otter Creek

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Sara Miller

501-475-3131

1 Stagecoach Vlg., Ste. 2
Little Rock

saramiller1@allstate.com



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Valla Seel

Realtor®

501-650-2994 cell | 501-907-5959 office
 vallaseel@kw.com | vallaseel.kwrealty.com
 12814 Cantrell Road | Little Rock, AR 72223

**KELLER WILLIAMS**

Each office is independently owned and operated



**Pharmacy of
Otter Creek**
 501-455-2522

Belynda Baker, Pharm. D.
 Former pharmacist USA Drug

Business Hours:
 Mon-Fri 9:00AM-6:00PM
 Sat. 9:00AM-NOON
 Sunday - CLOSED

WELCOME OTTER CREEK
 YOUR OWN COMMUNITY
 PHARMACY

**BASIC ANIMAL CONTROL LAWS**

**Please remember we have City Ordinances
 to regulate animals, such as:**

"Every dog or cat (4) months or older must be vaccinated for Rabies and be licensed by the City of LR (the animal must wear the li-cense on a collar or harness at all times)..."

"...Residents may not exceed four (4) dogs and four (4) cats per household unless a kennel permit is obtained."

"...all dogs must be confined on the owner's property by a fence, pen or tethering to an approved trolley system..."

"Individuals within the City of Little Rock who are owners of certain breeds (American Pit Bull Terrier, American Staffordshire Terrier, Staffordshire Terrier) must be registered at the Little Rock Animal Village..."

For full criteria & requirements visit:

http://littlerock.org/citydepartmentshousing_programs/animal_services/
 or call 376-3067

Beer

Monday & Wednesday

12 oz. draft

1.25 2pm—8pm

Tuesday—Thursday

32oz draft

3.50 2pm—8pm

Sunday

Pitcher

5.99

All day

**Margaritas**

Monday & Thursday

2.99 2pm—8pm

Friday—Saturday

Small 1.99 and 2.99

8pm—close

Sunday

Pitcher

10.99

All day

Special of the Week

Monday	Fajita chicken or beef with drink	\$6.99
Tuesday	Speedy Gonzales with drink	\$4.89
Wednesday	Island fajitas with drink	\$6.99
Thursday	Chimichanga with drink	\$6.99
Friday	Fajita with drink	\$6.99
Saturday	Quesadilla fajita with drink	\$6.99
Sunday	Polio enquesado with drink	\$6.89

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Little Rock AR

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**Best margaritas
 in town**



NOVEMBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 Razorback vs Ole Miss 2:30pm Yoga 9:30-10:45
8	9	10	11	12	13 Turkey Bingo 7:00-9:00 pm	14 Razorback vs LSU Game Time TBA Yoga 9:30-10:45
15	16	17 WCOC Meeting 6:30pm	18	19	20	21 Duck Widows Tennis Tournament 10:00-2:00pm Yoga 9:30-10:45
22	23	24 Board Meeting 6:30	25	26 HAPPY THANKS- GIVING !!! Office Closed	27 Office Closed	28 No Yoga
29	30					